



"Harmony is a beautiful balance between mind, body and soul measured in tender peaceful moments."

~ Melanie Koulouris

LoveOfLifeQuotes.com

Fall in love with taking care of yourself...

Offered for the first time the

Mind/Body/Soul Series

When: Every Friday in July 2018 at 10a

(starting on 7/13/18)

Who: All welcome

Where: Flint Memorial Library Activity Room

Please register on Youth Services webpage.