





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																											
						1																																											
2	3 Labor Day <b>SENIOR CENTER CLOSED</b> 	4 <b>STATE PRIMARY EXERCISE - 9:30 AM</b>  "RELAX & COLOR" 1PM ** SHINE COUNSELOR	5 YOGA - 9:30 AM  BINGO - 1:15 PM  1st Day of School K-12	6 EXERCISE - 9:30 AM	7 <b>Matter of Balance Class 9:30-11:30</b> 5th Week	8																																											
9 Grandparents Day	10 Rosh Hashanah EXERCISE - 9 AM <b>MARKET BASKET 12PM</b> BLOOD PRESSURE 1PM Wii BOWLING 1 PM FRIENDS MEETING 7PM	11 Patriot Day EXERCISE - 9:30 AM  WATERCOLOR CLASS 1PM ** SHINE COUNSELOR	12 YOGA - 9:30 AM  BINGO - 1:15 PM	13 EXERCISE - 9:30 AM <b>APPLE PIE SOCIAL 12 NOON</b> 	14 <b>Matter of Balance Class 9:30-11:30</b> 6th Week	15																																											
16	17 Constitution Day EXERCISE - 9 AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	18 EXERCISE - 9:30 AM "GAME DAY" 1PM  ** SHINE COUNSELOR	19 Yom Kippur YOGA - 9:30 AM <b>Senator Tarr's Office Hours 9:30 - 10:30</b> BINGO - 1:15 PM COA MEETING 7PM	20 EXERCISE - 9:30 AM <b>FREE MOVIE "Last Flag Flying" 1PM</b>	21 <b>Matter of Balance Class 9:30-11:30</b> 7th Week	22																																											
23 Autumnal equinox	24 EXERCISE - 9 AM <b>MARKET BASKET 12PM</b> BLOOD PRESSURE 1PM Wii BOWLING 1 PM	25 EXERCISE - 9:30 AM  Cell Phone Help 2:45 - 3:45 ** SHINE COUNSELOR	26 YOGA - 9:30 AM  BINGO - 1:15 PM	27 EXERCISE - 9:30 AM	28 <b>Matter of Balance Class 9:30-11:30</b> 8th Week/Final Class	29																																											
30	<p>October 2018</p> <table border="1"> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<b>RESERVATIONS NEEDED FOR APPLE PIE SOCIAL WATERCOLOR CLASS (CLASS LIMITED TO 10 PARTICIPANTS)**APPOINTMENTS NEEDED FOR SHINE COUNSELOR.</b> <b>CALL SENIOR CENTER AT 978-664-5600 FOR RESERVATIONS &amp; APPOINTMENTS</b>					
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