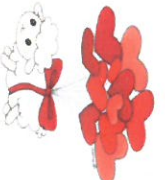


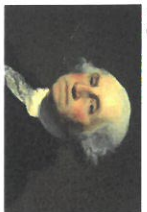



FEBRUARY 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|---|
|  | | | | 1 EXERCISE - 9:30 AM | 2 Groundhog Day PROJECT LINUS 10:00 AM  | 3 |
| 4 5 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING - 1PM | 6 EXERCISE - 9:30 | 7 YOGA - 9:30 AM BINGO - 1:15 PM | 8 EXERCISE - 9:30 AM "Coffee with a Cop" 10:45 AM | 9 **FUEL ASSISTANCE 9 - 12 COFFEE HOUR 10:00 AM | 10 | |
| 11  | 12 Lincoln's B-Day EXERCISE - 9AM CHORUS - 10:30 AM Market Basket Trip 12-2 BLOOD PRESSURE 1PM FRIENDS MEETING 7PM | 13 Mardi Gras EXERCISE - 9:30 ** SHINE COUNSELOR | 14 Ash Wednesday Valentine Day YOGA - 9:30 AM Senator Tarr's Office Hours 9:30 - 10:30 BINGO - 1:15 PM | 15 EXERCISE - 9:30 AM ***** VALENTINE PARTY 12 NOON ***** | 16 Chinese New Year COFFEE HOUR 10:00 AM | 17 |
| 18  | 19 Presidents' Day SENIOR CENTER CLOSED | 20 EXERCISE - 9:30 WATERCOLOR CLASS 1PM ** SHINE COUNSELOR | 21 YOGA - 9:30 AM BINGO - 1:15 PM | 22 EXERCISE - 9:30 AM FREE MOVIE "LION" 1 PM | 23 COFFEE HOUR 10:00 AM | 24  |
| 25 | 26 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING - 1PM | 27 EXERCISE - 9:30 Cell Phone Help 2:45 - 3:45 ** SHINE COUNSELOR | 28 YOGA - 9:30 AM BINGO - 1:15 PM | | | |
| <p>SNOW DAYS IF SCHOOL IS CANCELLED THE SENIOR CENTER WILL BE CLOSED.</p> | | | | | | |
| <p>RESERVATIONS REQUIRED FOR WATERCOLOR CLASS, FREE MOVIES AND, LUNCH FOR VALENTINE PARTY</p> <p>** APPOINTMENTS ARE NEEDED FOR FUEL ASSISTANCE AND SHINE COUNSELOR</p> <p>FOR RESERVATIONS AND APPOINTMENTS PLEASE CALL 978-664-5600</p> | | | | | | |