

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 April Fool's Day Easter 	2 EXERCISE - 9 AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	3 EXERCISE - 9:30 AM ** SHINE COUNSELOR	4 YOGA - 9:30 AM BINGO - 1:15 PM	5 EXERCISE - 9:30 AM RED SOX OPENING DAY	6 PROJECT LINUS 10:00 AM 	7
8	9 EXERCISE - 9 AM CHORUS - 10:30 AM Market Basket Trip 12-2 <small>Blood Pressure & Wii Bowling 1 PM</small> FRIENDS MEETING 7PM	10 EXERCISE - 9:30 AM "Wow Water" - 10:45 WATERCOLOR CLASS 1PM ** SHINE COUNSELOR	11 YOGA - 9:30 AM BINGO - 1:15 PM COA MEETING 6:30PM	12 EXERCISE - 9:30 AM	13 FUEL ASSISTANCE ** 9-12 COFFEE HOUR 10:00 AM	14
15	16 SENIOR CENTER CLOSED PATRIOT'S DAY 	17 Taxes Due EXERCISE - 9:30 AM ** SHINE COUNSELOR	18 YOGA - 9:30 AM Senator Tarr's Office Hours 9:30 - 10:30 BINGO - 1:15 PM	19 EXERCISE - 9:30 AM FREE MOVIE WONDER - 1PM	20 COFFEE HOUR 10:00 AM	21
22 Earth Day	23 EXERCISE - 9 AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	24 EXERCISE - 9:30 AM Cell Phone Help 2:45 - 3:45 ** SHINE COUNSELOR	25 Admin Assist Day YOGA - 9:30 AM BINGO - 1:15 PM	26 EXERCISE - 9:30 AM SPRING FLING PARTY 12 NOON	27 COFFEE HOUR 10:00 AM	28
29	30 EXERCISE - 9 AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM					
 shutterstock · 99013454	May 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	RESERVATIONS NEEDED FOR MARKET BASKET TRIP, WATERCOLOR CLASS & SPRING FLING PARTY! ** APPOINTMENTS NEEDED FOR FUEL ASSISTANCE & SHINE COUNSELOR. CALL SENIOR CENTER 978-664-5600 FOR RESERVATIONS, APPOINTMENTS & VAN TRANSPORTATION.			Senior Daily Lunch Menu on Back	