

In Any  
**EMERGENCY**  
Call  
**911**



## Your Guide to Social Services in North Reading

The North Reading Community Crisis & Resource Guide was revised in 2019. An electronic version is available on line on the Community Impact Team website at [www.northreadingma.gov/cit](http://www.northreadingma.gov/cit).

An electronic version of the guide is located on the CIT website at [www.northreadingma.gov/cit](http://www.northreadingma.gov/cit)

# HELPLINES

## IN ANY EMERGENCY CALL 911

### ABUSE

#### Animal Abuse

North Reading Animal Police Control	(978) 664-3807
MSPCA	(800) 628-5808

#### Child Abuse

National Child Abuse Hotline	(800) 422-4453
Massachusetts Child Abuse Hotline	(800) 792-5200

#### Domestic Violence

The SafeLink: Casa Myrna	(877) 785-2020
Gay Men's Domestic Violence	(800) 832-1901
HAWC 24 Hour Hotline	(800) 547-1649

#### Elder Abuse

Elder Abuse Hotline (After 5pm)	(800) 922-2275
MVES Protective Services (Before 5PM)	(781) 324-7705

#### Sexual Abuse

Y of Greater Lawrence Assault/Rape	(877) 509-9922
Rape, Abuse, Incest National Network	(800) 656-4673
North Shore Rape Crisis Center	(800) 922-8772
Center for Hope & Healing of Lowell	(800) 542-5212

#### Substance Abuse

Treatment Facility Locator	(800) 662-4357
Mass. Information & Education	(800) 327-5050
The Parents Toll-Free Helpline	(855) 378-4373
Alcoholics Anonymous	(617) 426-9444
Massachusetts Substance Abuse	(800) 327-5050
Mental Health/Crisis Intervention	(800) 988-1111
Narcotics Anonymous	(866) 624-3578
Substance Abuse	(800) 327-5050
Learn to Cope, Taunton	(508) 738-5148

Helplines continue on next page

## Helplines continued from previous page

### CHILDREN & FAMILY SERVICES

Baby Safe Haven	(866) 814-7233
Massachusetts Child Abuse Hotline	(800) 792-5200
Mass. Dept. of Youth Services	(617) 727-7575
National Runaway Safeline	(800) 786-2929
Parental Stress Line	(800) 632-8188
Alzheimer's Association	(800) 272-3900
Girls & Boys National Help Hotline	(800) 448-3000
Planned Parenthood	(800) 230-7526
Mass. Alliance on Teen Pregnancy	(617) 482-9122

### FOOD

FoodSource Hotline	(800) 645-8333
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### HOUSING ASSISTANCE

Mass. Coalition for the Homeless	(781) 595-7570
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### LGBTQ

LGBTQ Helpline	(888) 340-4528
Greater Boston PFLAG	(781) 891-5966

### SUICIDE PREVENTION

National Suicide Prevention Lifeline	(800) 273-8255
Massachusetts Samaritan	(877) 870-4673
Samaritan 24-hour Helpline	(617) 247-0220
Samariteen Crisis Hotline	(800) 252-8336

### VETERANS

Crisis Hotline (Press 1)	(800) 273-8255
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# ABUSE

## Animal Abuse

North Reading Animal Police Control  
(978) 664-3807 [www.nrpdc.org](http://www.nrpdc.org)

Massachusetts Society for the Prevention of Cruelty to  
Animals (MSPCA)  
350 South Huntington Avenue  
Boston, MA 02130  
(800) 628-5808 [www.mspca.org](http://www.mspca.org)

MSPCA-Emergency Clinic  
400 Broadway  
Methuen, MA 01844  
(978) 687-7453 [www.mspca.org](http://www.mspca.org)

## Child Abuse

National Child Abuse Hotline (800) 422-4453  
Massachusetts Child Abuse Hotline (800) 792-5200

## Domestic Violence

HAWC (Healing Abuse Working for Change)  
27 Congress Street  
Suite # 204  
Salem, MA 01970 (978) 744-8552, Hotline (800) 547-1649  
Provides Domestic Abuse and Violence Abuse Family Services

Beverly Domestic Violence Unit  
Herrick Street  
Beverly, MA 01915  
(978) 922-1155

## Elder Abuse

Protective Services (Mystic Valley Elder Services)  
(781) 324-7705 [www.mves.org](http://www.mves.org)

## Sexual Abuse

YWCA of Greater Lawrence Sexual Assault & Rape Crisis  
24-Hour Hotline: (877) 509-9922

## Substance Abuse

See page 20

## BOARD OF HEALTH

Hoarding Issues, Sanitation, Tenant/Landlord Complaints,  
no heat, no water, etc.

North Reading Health Department  
235 North Street  
North Reading, MA 01864  
Health Agent (978) 357-5242  
Email: [rbracey@northreadingma.gov](mailto:rbracey@northreadingma.gov)

## CHILDREN, YOUTH & FAMILY SERVICES

### Local

North Reading Youth Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

North Reading Parks & Recreation  
235 North Street  
North Reading, MA 01864  
(978) 357-5216

North Reading Public Schools: See page 17

YMCA - Burbank Branch in Reading  
36 Arthur B. Lord Drive  
Reading, MA 01867  
(781) 944-9622  
Email: [jfusco@ymcaboston.com](mailto:jfusco@ymcaboston.com)  
Contact Person: John Fusco  
[www.ymcaboston.org/burbank](http://www.ymcaboston.org/burbank)

North Reading Food Pantry  
Christian Community Services –  
North Reading Town Hall  
North Reading, MA 01864  
(978) 276-0040

## Regional

Child Care Circuit  
190 Hampshire Street  
Lawrence, MA 01840  
(978) 686-4288  
[www.childcarecircuit.org](http://www.childcarecircuit.org)

## State

### Baby Safe Haven

The Safe Haven Act of Massachusetts (2004) allows a parent to legally surrender newborn infants 7 days old, or younger, at a hospital, police station, or manned fire station without facing criminal prosecution.  
(888) 510-2229

WIC (Women, Infants and Children)  
Massachusetts Department of Public Health  
250 Washington Street, 6th Floor  
Boston, MA 02108-4619  
(617) 624-6000 or (800) 942-1007

Department of Revenue  
Child Support Enforcement Division  
100 Trade Center, Suite 760  
Woburn, MA 01801  
(617) 887-6367

Department of Children and Families  
DCF Child-at-Risk 24 hour Hotline  
(800) 792-5200

Haverhill Area Office  
3 Ferry Street  
Bradford, MA 01835  
(978) 469-8800

Lawrence Area Office  
Everett Mills  
280 Merrimack St. 2nd Floor  
Lawrence, MA 01840  
(978) 557-2500

Department of Youth Services  
The juvenile justice system of the Commonwealth of  
Massachusetts  
33 Gregory Street  
Middleton, MA 01949  
(978) 716-1100

## DISABILITY SERVICES

Eastern Middlesex Association of Retarded Citizens  
(EMARC)  
(781) 942-4888  
[www.theemarc.org](http://www.theemarc.org)

Mass Commission for the Blind  
(800) 392-6450  
[www.mass.gov/mcb](http://www.mass.gov/mcb)

Mass Commission for the Deaf  
(800) 882-1155  
[www.mass.gov/mcdhh](http://www.mass.gov/mcdhh)

Mass Rehabilitation Commission  
(For people with disabilities)  
(781) 324-7160  
[www.mass.gov/mrc](http://www.mass.gov/mrc)

## ELDER AFFAIRS

### Local

North Reading Department of Elder Affairs  
& O'Leary Senior Center  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA 01864  
(978) 664-5600

Mystic Valley Elder Services  
300 Commercial Street  
Malden, MA 02148  
(781) 324-7705  
[www.mves.org](http://www.mves.org)



## State

Executive Office of Elder Affairs  
One Ashburn Place  
Boston, MA 02108  
(617) 727-7750  
[www.mass.gov/elders](http://www.mass.gov/elders)

1-800-AGE-INFO  
One-Stop Shopping  
(800-243-4636)  
[www.800ageinfo.com](http://www.800ageinfo.com)

## EMPLOYMENT ASSISTANCE

### Local

The Career Place  
100 TradeCenter, Suite G100  
Woburn, MA 01801 (781)  
932-5500  
[www.careerplacejobs.com](http://www.careerplacejobs.com)

The Career Center of Lowell  
107 Merrimack Street  
Lowell, MA 01852  
(978) 458-2503  
[www.careercenteroflowell.org](http://www.careercenteroflowell.org)

### **Haverhill Opportunity Works**

671 Kenoza Street  
Haverhill, MA 01830  
(978) 241-4730  
[www.valleyworks.cc](http://www.valleyworks.cc)

Horizon House Transitional employment training for  
mental health population  
78 Water Street  
Wakefield, MA 01880  
(781) 245-4272

American Training, Inc.  
Work with individuals with developmental disabilities  
102 Glenn Street  
Lawrence, MA 01843  
(978) 685-2151

## State

Mass Resources

Employment and Job Training Programs

<https://www.mass.gov/employment-and-training-resources-for-dta-clients>

Department of Labor and Workforce Development Provides assistance with Unemployment Insurance, Job Services, Labor Standards, Workers' Compensation, Labor Relations and Labor Market Information [www.mass.gov/lwd](http://www.mass.gov/lwd)

## FINANCIAL ASSISTANCE

### Local

North Reading Food Pantry/Christian Community Services

North Reading Town Hall

North Reading, MA 01864

(978) 276-0040

Mystic Valley Elder Independence Fund (ages 60+)

300 Commercial Street

Malden, MA 02148

(781) 324-7705

[www.mves.org](http://www.mves.org)

North Reading Veterans Services

235 North Street

North Reading, MA 01864

(978) 357-5212 Email: [nrvets@northreadingma.gov](mailto:nrvets@northreadingma.gov)

Contact Person: Susan Wagner, Director

### State

The Dept. of Transitional Assistance (Emergency Assistance)

Malden (781) 388-7300

[www.mass.gov/eohhs/gov/departments/dta](http://www.mass.gov/eohhs/gov/departments/dta)

The Salvation Army (617) 542-5420 or (800) 728-7825

Social Security

(866) 596-8598

(800) 772-1213 (National) [www.socialsecurity.gov](http://www.socialsecurity.gov)

# FOOD

## LOCAL

### Food Pantries

North Reading Food Pantry - Christian Community Services

North Reading Town Hall

North Reading, MA 01864

(978) 276-0040

International Family Church Food Pantry

99 Concord Street

North Reading, MA 01864 (978) 276-6400

[www.intlfamilychurch.com](http://www.intlfamilychurch.com) The food pantry is open for residents of North Reading on the third Saturday of the month from 10:00 am to 12:00 pm

### Hot Meals

Mystic Valley Elder Services

300 Commercial Street

Malden, MA 02148

(781) 324-7705

[www.mves.org](http://www.mves.org)

Elder Services

Third Meeting House, Building on the Common

157 Park Street

North Reading, MA 01864

(978) 664-5600

Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)

Contact Person: Mary Prenney, Director

Bread & Roses

58 Newbury Street

Lawrence, MA 01840

(978) 681-8768

Cor Unum Meal Center

191 Salem Street

Lawrence, MA 01843

(978) 688-8900

Email: [counummealcenter@comcast.net](mailto:counummealcenter@comcast.net)

[www.corunummealcenter.org](http://www.corunummealcenter.org)

My Brother's Table

98 Willow Street

Lynn, Massachusetts 01901

(781) 595-3224

[www.mybrotherstable.org](http://www.mybrotherstable.org)

## State

FoodSource Hotline (800) 645-8333 [www.projectbread.org](http://www.projectbread.org)  
Food Stamps (SNAP) Hotline (866) 950-3663  
[www.mass.gov/snap](http://www.mass.gov/snap)  
Mystic Valley Elder Services  
300 Commercial Street  
Malden, MA 02148  
(781) 324-7705  
[www.mves.org](http://www.mves.org)

## FUEL ASSISTANCE

### Local

Reading Municipal Light Department  
(781) 944-1342  
[www.rmlld.com](http://www.rmlld.com)  
Greater Lawrence Community Action Council  
(Fuel Assistance)  
(978) 681-4900  
[www.glcac.org](http://www.glcac.org)

### State

Citizens Energy Oil Heat Program (Joe Kennedy)  
(877) 563-4645  
[www.citizensenergy.com](http://www.citizensenergy.com)  
Good Neighbor Energy Fund/Salvation Army  
(617) 542-5420 (Service Extension Dept.)  
[www.salvationarmyma.org](http://www.salvationarmyma.org)  
Department of Housing and Economic Development  
Low Income Home Energy Assistance Program (LIHEAP),  
known commonly as Fuel Assistance.  
[www.mass.gov/hed/community/energy/low-income-home-energy-assistance-liheap.html](http://www.mass.gov/hed/community/energy/low-income-home-energy-assistance-liheap.html)  
HEATLINE at (800) 632-8175  
[www.acf.hhs.gov/programs/ocs/programs/liheap](http://www.acf.hhs.gov/programs/ocs/programs/liheap)

## HEALTH / WELLNESS

Mass Commission for the Blind (800) 392-6450  
Mass Commission for the Deaf (800) 882-1155  
Mass Rehabilitation Commission  
(For persons with disabilities) (781) 324-7160  
[www.mass.gov/mrc](http://www.mass.gov/mrc)

### Local

24 Hour Pharmacy  
CVS – Andover (978) 470-0542

[www.northreadingma.gov/cit](http://www.northreadingma.gov/cit)

Communitas (formerly EMARC)  
60-D Audubon Road  
Wakefield, MA 01880  
(781) 587-2200

Board of Health  
235 North Street  
North Reading, MA 01864  
Health Agent (978) 664-6042

Commission on Disabilities – North Reading  
<https://www.northreadingma.gov/commission-disabilities>

The Masons – (Free) Durable Medical Equipment Loan  
Program-SMD HELP  
(781) 322-1052  
Email: GABemiss@aol.com

YMCA - Burbank Branch in Reading  
36 Arthur B. Lord Drive  
Reading, MA 01867  
(781) 944-9622  
Email: jfusco@ymcaboston.com  
Contact Person: John Fusco  
[www.ymcaboston.org/burbank](http://www.ymcaboston.org/burbank)

North Reading Elder Affairs O'Leary Senior Center  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA 01864  
(978) 664-5600  
Email: mprenney@northreadingma.gov  
Contact Person: Mary Prenney, Director

Mystic Valley Elder Services  
300 Commercial Street  
Malden, MA 02148  
(781) 324-7705  
[www.mves.org](http://www.mves.org)

Sanborn - Place, Home Care & Day Services  
Housing and Support Services  
50 Baystate Road  
Reading, MA 01867  
(781) 944-6262  
Email: [info@sanbornphc.org](mailto:info@sanbornphc.org)  
[www.sanbornphc.org](http://www.sanbornphc.org)

### Health Quarters

Confidential reproductive health care, prevention, and education services for women, men, and teens in Northeastern Massachusetts

Beverly: (978) 705-4039

Haverhill: (978) 228-2291

Lawrence: (978) 705-6637

Lynn: (781) 593-1115

[www.healthq.org](http://www.healthq.org)

## HEALTH INSURANCE

### Local

North Reading Department of Elder Affairs & O'Leary Senior Center - SHINE Program

(Serving Health Insurance Needs of Elders)

Third Meeting House, Building on the Common

157 Park Street

North Reading, MA 01864

(978) 664-5600

Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)

Contact Person: Mary Prenney, Director

North Reading Veterans Services

235 North Street

North Reading, MA 01864

(978) 357-5212 Email: [nrvets@northreadingma.gov](mailto:nrvets@northreadingma.gov)

Contact Person: Susan Magner, Director

### Mass Health

Mass Health pays for health care for certain

low and medium-income people living in Massachusetts.

(800) 841-2900

[www.mass.gov/eohhs/gov/departments/masshealth](http://www.mass.gov/eohhs/gov/departments/masshealth)

### Medicare & Medicaid Services

(800) 633-4227

[www.medicare.gov](http://www.medicare.gov)

## HOSPITALS & EMERGENCY ROOMS

Hospitals providing emergency room services 24/7

Hallmark Health Medical Center  
30 Newcrossing Road  
Reading, MA 01867  
(781) 213-5170

Lahey Clinic Medical Center  
41 Burlington Mall Road  
Burlington, MA 01805  
(781) 744-5100

Lawrence Memorial Hospital  
170 Governors Avenue  
Medford, MA 02155  
(781) 306-6000

Lawrence General Hospital  
1 General Street  
Lawrence, MA 01840  
(978) 683-4000

Melrose-Wakefield Hospital  
585 Lebanon Street  
Melrose, MA, 02176  
(781) 979-3000

Winchester Hospital  
41 Highland Avenue  
Winchester, MA 01890  
(781) 729-9000

Facilities providing Walk In & Urgent Care

### NO EMERGENCY SERVICES

Winchester Hospital; Family Medical Center  
500 Salem Street  
Wilmington, MA 01887 (978) 988-6000  
[www.winchesterhospital.org](http://www.winchesterhospital.org)  
Hours of Operation: (Mon. - Sun.) 7:30 am – 8 pm

Concentra  
66B Concord Street  
Wilmington, MA 01887 (978) 657-3826  
[www.concentra.com](http://www.concentra.com)  
Hours of Operation: (Mon. - Fri.) 8 am – 5 pm

[www.northreadingma.gov/cit](http://www.northreadingma.gov/cit)

# HOUSING ASSISTANCE

## Local

North Reading Health Department  
Hoarding Issues, Sanitation, Tenant/Landlord Complaints, no heat, no water, etc.  
235 North Street  
North Reading, MA 01864 (978) 357-5242  
Email: [rbracey@northreadingma.gov](mailto:rbracey@northreadingma.gov)

North Reading Housing Authority Senior Housing Peabody Court, North Reading, MA 01864  
(978) 664-2982 Office hours Monday through Friday from 9:00 a.m. to 1:00 p.m. Includes Section 8 Housing.

Mission of Deeds (in Reading) Furniture, Etc.  
(781) 944-9797 [www.missionofdeeds.org](http://www.missionofdeeds.org)

North Reading Youth Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

North Reading Elder Services & O'Leary Senior Center  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA 01864  
(978) 664-5600  
Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)  
Contact Person: Mary Prenney, Director

North Reading Veterans  
235 North Street  
North Reading, MA 01864  
(978) 357-5212 Email: [nrvets@northreadingma.gov](mailto:nrvets@northreadingma.gov)  
Contact Person: Susan Wagner, Director

## State

Massachusetts Department of Transitional Assistance (DTA)  
200 Pleasant Street  
Malden, MA 02148 (781) 388-7300.  
If you need shelter and are pregnant or have a child under 21

Tri-CAP (Tri-City Community Action Program)  
(781) 322-4125 <http://www.shelterlistings.org/details/36603/>



Kaszanek House Transitional House: (781) 321-1773  
22 Charles Street  
Malden, MA 02148

Washington Street Residence: (781) 321-1159  
115 Washington Street  
Malden, MA 02148

Mass. Coalition for Homeless: (781) 595-7570  
23 Buffum Street  
Lynn MA 01902

## LEGAL ASSISTANCE

Middlesex County District Attorney (781) 897-8300  
<http://www.middlesexda.com>

Office of Attorney General (617) 727-2200  
[www.mass.gov/ago](http://www.mass.gov/ago)

Greater Boston Legal Services (ages 60+)  
(617) 371-1234 [www.gbbs.org](http://www.gbbs.org)

GLAD (Gay and Lesbian Advocates and Defenders)  
30 Winter Street, Suite 800  
Boston, MA 02108  
(617) 426 1350 [www.glad.org](http://www.glad.org)

## LGBTQ

### Local

North Reading Youth Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

North Reading Elder Affairs  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA 01864  
(978) 664-5600  
Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)  
Contact Person: Mary Prenney, Director

Mystic Valley Elder Services  
300 Commercial Street  
Malden, MA 02148  
(781) 324-7705  
[www.mves.org](http://www.mves.org)

AIDS Action Committee (AAC) of Massachusetts  
75 Armory Street  
Boston, MA 02119  
(617) 437-6200 [www.aac.org](http://www.aac.org)  
HIV prevention programs, health & wellness services, and  
other programs.

Fenway Health  
Medical care and services for LGBTQ population  
1340 Boylston Street  
Boston, MA 02215  
(617) 267-0900

LGBT Aging Project (ELDERS)  
(857) 313-6590 [www.lgbtagingproject.org](http://www.lgbtagingproject.org)

Old & Bold Coalition North Shore Elder Services  
(978) 750-4540 x220 (GLBT and Aging)

GLAD (Gay and Lesbian Advocates and Defenders)  
30 Winter Street, Suite 800,  
Boston, MA 02108  
(617) 426 1350  
Email: [gladlaw@glad.org](mailto:gladlaw@glad.org)

Greater Boston PFLAG (Parents, Families, and Friends of  
Lesbians and Gays)  
85 River Street, Suite 3A  
P.O. Box 541619  
Waltham, MA, 02454  
(781) 891 5966  
Email: [info@gbpflag.org](mailto:info@gbpflag.org)  
[www.gbpflag.org](http://www.gbpflag.org)

## MENTAL HEALTH

### Local

North Reading Youth Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

North Reading Mental Health/Substance Abuse Clinician  
Laura Miranda  
(978) 357-5038 Email: [lmiranda@nrpd.org](mailto:lmiranda@nrpd.org)

North Reading Department of Elder Affairs  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA 01864  
(978) 664-5600  
Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)  
Contact Person: Mary Prenney, Director

Eliot Community Human Services  
(800) 988-1111  
[www.eliotchs.org](http://www.eliotchs.org)  
Psychiatric Emergency Treatment 24 hours a day,  
7 days a week

Communitas (formerly EMARC)  
60-D Audubon Road  
Wakefield, MA 01880  
(781) 587-2200

NORTH READING PUBLIC SCHOOLS See page 17

### Local Therapists (that accept MassHealth):

Geriatric/Elder Psychiatry and Counseling  
Lawrence Memorial Hospital  
Medical-Psychiatric Program  
170 Governors Avenue  
Medford, MA 02155  
(781) 306-6155  
[www.hallmarkhealth.org](http://www.hallmarkhealth.org)

NSMC Union Hospital  
500 Lynnfield Street  
Lynn, MA 01940  
(781) 581-9200  
[www.nsmc.partners.org/home](http://www.nsmc.partners.org/home)

To find a local therapist who accepts MassHealth, you should use these on line resources. [www.masspartnership.com](http://www.masspartnership.com)

## State

Boston Medical Center (BMC) HealthNet Plan  
[www.bmchp.org/utility-nav/find-a-provider](http://www.bmchp.org/utility-nav/find-a-provider)

Fallon Community Health Plan (FCHP)  
[www.fchp.org/FindPhysician/Search.aspx](http://www.fchp.org/FindPhysician/Search.aspx)

Dept. of Mental Health  
365 East Street  
Tewksbury, MA 01876-0387  
(978) 851-7321 TTY: (978) 640-1193  
<http://www.mass.gov/eohhs/gov/departments/dmh/>

Department of Developmental Disabilities - Metro North  
27 Water Street  
Wakefield, MA 01880  
Intake Referral Number: (781)-338-2300

Substance Abuse and Mental Health Services  
Administration (SAMHSA) (877) 726-4727

## Eating Disorders

North Reading Youth Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

Walden Behavioral Care  
9 Hope Avenue #500  
Waltham, MA 02453  
(781) 647-6700  
[www.waldenbehavioralcare.com](http://www.waldenbehavioralcare.com)

The Klarman Eating Disorders Center at McLean  
Hospital  
115 Mill Street  
Belmont, MA 02478  
(617) 855-3410  
[www.mclean.harvard.edu/patient/child/edc.php](http://www.mclean.harvard.edu/patient/child/edc.php)  
Residential Program only. Does not offer outpatient  
services. Program for females ages 16-26.

Cambridge Eating Disorder Center  
3 Bow Street  
Cambridge, MA 02138 (888)  
900-2332  
[www.eatingdisordercenter.org/](http://www.eatingdisordercenter.org/)  
Offer Intensive Outpatient Program that meets 5 nights  
a week Monday-Friday and participants need to attend a  
minimum of 3 out of the 5 nights.

Eating Disorder Center of Andover, LLC  
68 Main Street, #5  
Andover, MA 01810  
(978) 474-1777

## NORTH READING PUBLIC SCHOOLS

Superintendent of Schools  
Sherman Road  
(978) 664-7810  
Superintendent: Jon Bernard  
E. Ethel Little Elementary School  
7 Barberry Road  
(978) 664-7820  
Principal: Christine Molle, [cmolle@nrpsk12.org](mailto:cmolle@nrpsk12.org)  
School Psychologist: Joline Pepper, x:403,  
[jpepper@nrpsk12.org](mailto:jpepper@nrpsk12.org)  
J. Turner Hood Elementary School  
298 Haverhill Street  
(978) 664-7816  
Principal: Glen McKay, x: 2024, [gmckay@nrpsk12.org](mailto:gmckay@nrpsk12.org)  
School Psychologist: Dr. Jaclyn Mansfield  
[jmansfield@nrpsk12.org](mailto:jmansfield@nrpsk12.org)

L.D. Batchelder Elementary School  
175 Park Street  
(978) 664-7814  
Principal: Sean Killeen, [skilleen@nrpsk12.org](mailto:skilleen@nrpsk12.org)  
School Psychologist: Tabitha Heidorn, X: 4,  
[theidorn@nrpsk12.org](mailto:theidorn@nrpsk12.org)

North Reading Middle School  
189 Park Street  
(978) 664-7806  
Principal: Catherine O'Connell, [coconnell@nrpsk12.org](mailto:coconnell@nrpsk12.org)  
School Psychologist: Rebecca Skobe, [rskobe@nrpsk12.org](mailto:rskobe@nrpsk12.org)  
School Psychologist: Carly Capuano, x: 5277  
[ccapuano@nrpsk12.org](mailto:ccapuano@nrpsk12.org)  
School Psychologist: Justin Mattison  
[jmattison@nrpsk12.org](mailto:jmattison@nrpsk12.org)  
School Resource Officer, Detective Paul Lucci

North Reading High School  
189 Park Street  
(978) 664-7800  
Principal: Anthony Loprete, x: 5280, [aloprete@nrpsk12.org](mailto:aloprete@nrpsk12.org)  
School Psychologist: Brittany Cabral  
[bcabral@nrpsk12.org](mailto:bcabral@nrpsk12.org)  
Guidance Secretary: Anne Chambers, X: 5284,  
[achambers@nrpsk12.org](mailto:achambers@nrpsk12.org)  
Contact Mrs. Chambers to find out which guidance counselor  
your child is assigned to.  
School Resource Officer, Detective Paul Lucci

## PUBLIC SAFETY

### (Police & Fire Departments NON-EMERGENCY)

North Reading Police Department  
[www.nrpdpd.org/SitePages/NRPDPHome.aspx](http://www.nrpdpd.org/SitePages/NRPDPHome.aspx)



[facebook.com/NorthReadingPD](https://facebook.com/NorthReadingPD)



[twitter.com/NorthReadingPD](https://twitter.com/NorthReadingPD)

Chief of Police: Michael P. Murphy  
(978) 357-5052 Email: [mmurphy@nrpd.org](mailto:mmurphy@nrpd.org)

Patrol Division: Lieutenant Mark Zimmerman  
(978) 357-5031 Email: [mzimmerman@nrpd.org](mailto:mzimmerman@nrpd.org)

Detectives Lieutenant: Thomas Rome  
(978) 357-5043 Email: [tromeo@nrpd.org](mailto:tromeo@nrpd.org)

Safety Officer: Officer Sean O'Leary  
(978) 357-5068 Email: [soleary@nrpd.org](mailto:soleary@nrpd.org)

Sex Offender Registry/Special Needs Alert/Silver Alters:  
Sergeant Derek Howe  
(978) 357-5064 Email: [dhowe@nrpd.org](mailto:dhowe@nrpd.org)

#### North Reading Fire Department

Fire Chief: Don Stats (978) 357-5100  
Email: [dstats@northreadingma.gov](mailto:dstats@northreadingma.gov)

Deputy Chief of Fire: Barry Galvin (978) 357-5102  
Email: [bgalvin@northreadingma.gov](mailto:bgalvin@northreadingma.gov)  
Monday-Thursday 7:30 am-5:30pm

## SUBSTANCE ABUSE

Refer to [www.northreadingcit.com](http://www.northreadingcit.com) for a full substance abuse resource guide.

### Local

Elder Affairs  
Third Meeting House, Building on the Common  
157 Park Street  
North Reading, MA  
01864 (978) 664-5600  
Email: [mprenney@northreadingma.gov](mailto:mprenney@northreadingma.gov)  
Contact Person: Mary Prenney, Director

Veterans Services  
235 North Street  
North Reading, MA 01864  
(978) 357-5212 Email: [nrvets@northreadingma.gov](mailto:nrvets@northreadingma.gov)  
Contact Person: Susan Magner, Director

North Reading Police Department:  
Detective Thomas Hatch: (978) 357-5067

North Reading Mental Health/Substance Abuse Clinician  
Laura Miranda  
(978) 357-5038 Email: [lmiranda@nrpd.org](mailto:lmiranda@nrpd.org)

North Reading Youth Services:  
235 North Street  
North Reading, MA  
01864 (978) 357-5281  
Email: [jford@northreadingma.gov](mailto:jford@northreadingma.gov)  
Contact Person: Jennifer Ford, Director

NOTE: Narcan Nasal Spray is indicated for the emergency treatment of known or suspected opioid overdose. Narcan is available in North Reading at the following locations:

CVS 22 Main St. 978-664-4621  
Walgreens 158 MainSt. 978-276-1380

Additional information can be found at  
<http://www.drugs.com/pro/narcan.html>

## Regional

Overdose Prevention & Education Network  
(617) 665-3872

Al-Anon  
St. Athanasius Church  
300 Haverhill Street  
Reading, MA.  
01867 (781) 942  
9312

Discussion meetings are held every Wednesday night from 7:30 to 8:45 p.m. in the church basement  
Al-Anon is for friends & family and anonymity is the spiritual foundation of our program. Meetings are free, please contact Al-Anon Family Groups of MA (508) 366-0556 or Email: [ldcofma@aol.com](mailto:ldcofma@aol.com)



Learn to Cope is a support group for parents and family members dealing with a loved one addicted to heroin, Oxycontin and other drugs. Meetings are held in Lowell and Salem Monday-Thursday.

[www.learn2cope.org](http://www.learn2cope.org)

Email: [learntocope2001@yahoo.com](mailto:learntocope2001@yahoo.com)

(508) 738-5148

Overdose Prevention & Education Network

Site offers information for Users, Family & Friends, Service

Providers and Others. For information on signs of overdose and responding to overdose. If you would like to talk to

someone about Overdose Prevention call: (617) 665-3872

[www.odprevention.org](http://www.odprevention.org)

Regional Center for Poison Control & Prevention  
Serving Massachusetts & Rhode Island.

Information and hotline about inhalants & other poisons. (800) 222-1222 (toll-free 24 hours)

(TTY) (888) 244-5313

[www.maripoisoncenter.com](http://www.maripoisoncenter.com)

Toll-Free Treatment Referral Helpline

(800) 662-4357

## VETERANS SERVICES

North Reading Veterans Services

235 North Street

North Reading, MA 01864

(978) 357-5212 Email: [nrvets@northreadingma.gov](mailto:nrvets@northreadingma.gov)

Contact Person: Susan Magner, Director

Serving the disabled, homeless, elderly, veterans, unemployed, court involved individuals

Services Provided: financial assistance, food nutrition, assistance with government forms, housing assistance, substance abuse assistance, assistance with family issues, fuel assistance, health/wellness assistance, employment assistance, veterans services, locating available resources, VA compensation/pension

Mass. Dept. Veterans Services (617) 210-5480  
[www.mass.gov/veterans](http://www.mass.gov/veterans)

Mass Vets Advisor [www.MassVetsAdvisor.org](http://www.MassVetsAdvisor.org) Benefitting veterans and their families. An easy to use website for benefits and services you are eligible for and deserve.

Crisis Hotline (800) 273-8255 (Press 1)



## If you see something, say something.

Help law enforcement solve and prevent crime in North Reading. You can now

4 ways:

1. Download the free P3 Tips app
2. Call our hotline at (978)357-5151
3. Submit a tip at [www.nrpd.org](http://www.nrpd.org) and click "Submit a Tip"
4. Submit a tip through the NRPS app. Click on "Anonymous Tip"



**In an emergency, always dial 911**  
**Tip lines are available 24/7**

# NOTES



### Our Mission

The North Reading Community Impact Team (CIT) is a collaborative partnership between community resources that emphasizes the use of innovative, non-traditional methods to identify factors that have a negative impact on the quality of life for all and to implement solutions that solve the underlying problems.

This guide was produced by the Social Services Action Team.

The Social Services Action Team was created in 2012 as part of the CIT. The initial focus was to produce a Crisis and Resource Guide for the needs of North Reading residents. As an on-going task the Guide is revised periodically to ensure that the links and phone numbers are still accurate. Since that time, we have sought to address quality of life issues that affect all North Reading residents through education, awareness, and advocacy.

[www.northreadingma.gov/cit](http://www.northreadingma.gov/cit)

## NOTES