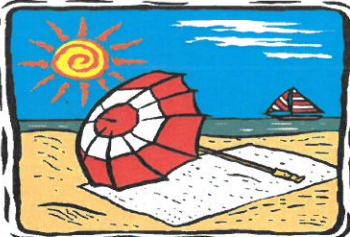


TRIO CONGREGATE MENU

A confidential, voluntary donation of \$2 per meal is suggested.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>() indicates sodium in milligrams * indicates a higher-sodium item V indicates a vegetarian item</p>	<p>NOTE: Reservations for Lunch, Breakfast or Brunch to be made at least one day in advance by 11:30 AM. Call 978-664-5600</p>			
<p>Continental Breakfast AM 5</p> <p>Unstuffed Pepper Casserole Tuscany Vegetables Milk, Bread Fig Bar</p>	<p>Continental Breakfast AM 6</p> <p>Italian Garden Vegetable Soup/Crx. Chicken Souvlaki Seasoned Orzo Brussels Sprouts Milk, Bread Pineapples</p>	<p>Continental Breakfast AM 7</p> <p>Broccoli Mushroom Frittata(V) Sweet Potatoes Spring Vegetables Milk, Bread Fresh Fruit</p>	<p>Continental Breakfast AM 8</p> <p>Salmon in Lemon Garlic Cream Sauce Mashed Potatoes Zucchini & Cauliflower Milk, Bread Peaches</p>	<p>1 NEW BRUNCH MENU Join Us for Breakfast/Lunch=Brunch Mini Waffles, Maple Chip Yogurt, Muffin Fresh Fruit Juice Served at 11AM</p>
<p>12 Continental Breakfast AM</p> <p>Chicken Marsala Noodles Green Beans Milk, Bread Pineapples</p>	<p>13 Continental Breakfast AM</p> <p>Mediterranean Fish Seasoned Orzo Mixed Vegetables Milk, Bread Fresh Fruit</p>	<p>14 Continental Breakfast AM</p> <p>Macaroni & Cheese *(548)(V) Broccoli Milk, Bread Pears</p>	<p>15 Continental Breakfast AM</p> <p>Cream of Butternut Squash Soup/Crx. Beef Burgundy Mashed Potatoes Jardiniere Vegetables Milk, Bread Cupcake</p> <p>Father's Day Special</p>	<p>9 *NEW BRUNCH MENU Join Us for Breakfast/Lunch=Brunch Egg & Cheese on English Muffin Yogurt, Muffin Fresh Fruit Juice Served at 11AM</p>
<p>19</p> <p>NO MEALS TODAY IN HONOR OF JUNETEENTH. Center Closed</p>	<p>20 Continental Breakfast AM</p> <p>Chicken with Sautéed Vegetables Jasmine Coconut Rice Milk, Bread Pears</p>	<p>21 Continental Breakfast AM</p> <p>Fish Sandwich with Cheese Sweet Potatoes Tuscany Vegetables Milk, Bread Fig Bar</p>	<p>22 Continental Breakfast AM</p> <p>Roast Turkey with Gravy*(617) Mashed Potatoes Carrots Milk, Bread Mixed Fruit Cup</p>	<p>16 *NEW BRUNCH MENU Join Us for Breakfast/Lunch=Brunch Maple Pancake Sandwich Yogurt, Muffin Fresh Fruit Juice Served at 11AM</p>
<p>26 Continental Breakfast AM</p> <p>Baked Ziti *(744)(V) Chicken Meatball Green Beans Milk, Bread Peaches</p>	<p>27 Continental Breakfast AM</p> <p>Minestrone Soup/Crx. Potato Crunch Fish Red Bliss Potatoes Spinach Milk, Bread Mixed Fruit Cup</p>	<p>28 Continental Breakfast AM</p> <p>Hot dog *(550) Cole Slaw Baked Beans Milk Fresh Fruit</p>	<p>29 Continental Breakfast AM</p> <p>Meatloaf with Gravy Sour Cream & Chive Mashed Potatoes Carrots Tossed Salad w/dressing Milk, Bread Vanilla Pudding</p>	<p>23 *NEW BRUNCH MENU Join Us for Breakfast/Lunch=Brunch Croissant Sandwich w/Cheese Yogurt, Muffin Fresh Fruit Juice Served at 11AM</p>
				<p>30 *NEW BRUNCH MENU Join Us for Breakfast/Lunch=Brunch Egg & Cheese on English Muffin Yogurt, Muffin Fresh Fruit Juice Served at 11AM</p>