North Reading Council on Aging Meeting Note

Wednesday - September 11, 2019

Third Meeting House, Building on the Common

6:35 – meeting called to order – Member's present – Andrea Gladu, Kristine Pecora, Joe Veno, Kimberly Manzelli, Frances Cheney, Dan Greenberg (guest) Frances Cheney and Mary Prenney

- 1. Pledge of Allegiance
- 2. Friends of COA has made a donation towards the building fund for a new North Reading Food Pantry.
- 3. Upcoming Events in town include a COA will have a table with a Age Friendly banner at Apple Fest, 4 week course of Making Good Choices and DA Ryan will be coming to speak on the connection between loneliness and suicide.
- 4. MVES provides \$1.5 million dollars annually in various services to Town. Sue Tilton in combination with MVES will be providing a 6-8 week free Tai Chi class at Town Hall. We are also eligible for a Free Safe Driving Program.
- 5. Pending signature of T.A. on AARP Age Friendly application.

Upcoming Events

October 31st Halloween Party/The Delvena Theater group

November 7th Veteran's Luncheon

November 24th Thanksgiving Dinner at Hillview

December 12th Christmas Party/Up Town Girls

Adjourn at 2015