

North Reading Council on Aging
Meeting Minutes
Wednesday April 11, 2018
Third Meeting House, Building on the Common

Meeting called to order by Joe Veno at 6:30 P.M. at the Third Meeting House, O'Leary Senior Center.

Present:

Mary Prenney-Director, Joe Veno, Frances Cheney, Maureen Donato, and Jennifer Collins and Rich Wallner. New Associate Members: Kim Manzelli and Andre Gladu

Pledge of Allegiance

Approval of Minutes from October 25, 2017, Meeting

Motion to approve made by Frances Cheney and Seconded by Maureen Donato----unanimous

Director's Report

See attached copy of Directors report for complete information

- **Newsletters**

Susan Tilton finalized the newsletter and it will be coming out today. Good work Susan. There are many new events that are now happening in town so make sure you take a good look at the MEETING HOUSE ECHOES.

- **Friends of the COA**

The Friends along with the town are working together to update the Bathrooms at the Senior Center and hopefully the completion date is still June.....!! Also there are other items that will be added to the center in the future – Portable Keyboard and a new T.V. for the Library area.

- **Community Impact Team (CIT)**

The CIT had a very successful round table discussion with the local churches and Detective Hatch on "Addiction and Healing" at St. Theresa's Church. Amy Luckiewicz has been made the overseer of the Team....with Jennifer Ford who will be heading up the Youth Services. The N.R. P. D. will now be making home visits to pick up unwanted medications. The National Night Out is Tuesday, August 7, 2018.

- **MVES**

Updated statistics will be made available on all home deliveries and all other services at our May meeting.

- **NRACT—Rich Wallner**

Rich is working on a 10 year Master Plan.....With the school population increasing we have to plan for the future of our seniors and keeping them in North Reading. We also will need to secure our needs for Water...!!. Much more to follow.

- **NEW PROGRAM--MVRTA**

Merrimack Valley Regional Transit Authority—has helped by giving 130 rides to residents 60 and older and younger disabled veterans. Now that the ride has been active since Oct. 2017...any and all problems will be reviewed for improvements.

- **NEW PROGRAM--Smart Phone Lessons**

This is a new program which is to help the seniors with any questions they may have with the use of their Smart Phones. The North Reading High School Student Council will be coming in once a month to help all interested to learn.

- **NEW PROGRAM--Chair Yoga**

In October the Chair Yoga Classes will be starting with Emily Perkins a certified Yoga instructor @ \$6 charge per class.

- **FY 19 Budget**

A budget meeting was held on March 19, 2018. A request was made to increase our outreach assistant to 20 hours but the TA considered only 19 because 20 hours would require benefits for the position. There was also a request for \$1125 in Education/Conference fees due to cuts in Formal Grant Funding. There was also a request from the Police Dept. for a full time Mental Health Clinician who would provide services to the Dept.

- **Savvy Care Giver Workshop**

This workshop is held at the Congregational Church by MVES. It was started on March 22 and is given to help caregivers taking care of loved ones with Dementia. The program will end April 26.

- **NORCAM-Senior Focus**

Mary Prenney will be doing a follow up program to the Savvy Care Giver with Kathy Learned from MVES. In May there will also be a program with Sue Magner our Veteran's Agent.

- **Future Events:**

April 26th	Spring Fling Social
May 10th	Mother's Day Luncheon
May 17th	Coffee with a Cop
May 29th	Smart Phone Lessons
June 14th	Father's Day Luncheon
July 19th	Annual BBQ
August 7th	National Night Out

Promote the C.O.A

Yes.....Rich Wallner has been promoting

Old Business:

None

New Business:

Rich Wallner wants to do a SUMMIT again-- asking the Schools to get involved this time.

Adjourn: 7:30 PM

Motion to adjourn made by Maureen Donato and seconded by Rich Wallner----Unanimous

Next COA Meeting scheduled for May 16th, 2018--@ 6:30

Respectfully submitted:

Frances Cheney, COA Secretary