# North Reading Council on Aging Meeting Minutes

# Wednesday Feb. 27, 2019 Third Meeting House, Building on the Common

Meeting called to order by Joe Veno at 6:35 P.M. at the Third Meeting House, O'Leary Senior Center.

Present: Mary Prenney-Director, Joe Veno, Frances Cheney, Kim Manzelli, Rich Wallner,

Kristine Pecora and Andrea Gladu

Absent: Jennifer Collins

Pledge of Allegiance

## Approval of Minutes from Jan. 16, 2019, Meeting

Motion to approve made by Kristine and Seconded by Kim----unanimous

## AARP-Age Friendly Communities Program-Real Possibilities

Antron Watson-Age Friendly Director joined our meeting and passed out-"An introduction to Network of Age Friendly Communities" handouts discussing what the membership IS and ISNT. He also discussed that Grant money was available, also that an Age Friendly Committee should be started to review the information and implementation process. A motion to indorse and accept the program was approved by Kim and seconded by Frances--Unanimous.

## Social Service Action Team/"Project 500"

SSAT will be working with the Community Impact Team-CIT--helping (60yr.+) residence who are living alone in North Reading. One of the goals is to find the isolated residence and introduce them to all--Health Aging--organizations available to help them. The team will also be looking to find any available Grants. See handouts.

### Director's Report

See attached copy of Directors report for complete information

#### Newsletters

The Newsletter (Meeting House Echoes) is running a little late...Please give it read when you get it for all the new upcoming events and very important information.

#### Friends of the COA

The Friends purchased a new PIANO (electronic) for the Center. It has arrived and was set up by the DPW. What a difference and a wonderful addition to the Center. Next, The Friends will be working on the Annual Yard Sale that will be happening this April.

Community Impact Team (CIT)

The new North Reading "Social Service Guide" is at the printers and will be distributed at The Town's National Night Off on March 12<sup>th</sup> 2019.

MVES

The annual fundraiser for Meals on Wheels "A Bellyful of Laughs"---on January 26<sup>th</sup> was a great success. The monies raised will be helping so many people in need.

## NRACT—Rich Wallner/Kim Manzelli

The team is working hard with other boards doing studies on Age Friendly issues. See AARP section above. Thanks once again for the dedicated work and time spent on these important programs.

## Promote the C.O.A.

We are all continuously seeking new members. Thanks...!!

### • Future Events:

March 12<sup>th</sup>—Town's National Night Off March 13<sup>th</sup> –St. Patrick's Day Party April 27<sup>th</sup>—Town Wide Yard Sale

#### **Old Business:**

None

#### **New Business:**

There was a lot of input from many of "The Friends" who had also attended this meeting—some topics that were discussed were:

- 1. Mental Health issues
- 2. Extended services
- 3. Replacing Peabody Court
- 4. Collection of needed Data
- 5. C.O.A. involvement.....and major driver of some Projects

Adjourn: 7:50 PM Kim Manzelli

Motion to adjourn made by Frances Cheney and seconded by Kim Manzelli ---- Unanimous

Next COA Meeting scheduled for Feb 27, 2019--@ 6:30

## Respectfully submitted:

Frances Cheney, COA Secretary