# North Reading Council on Aging **Meeting Minutes**

# Wednesday, November 16, 2016 Third Meeting House, Building on the Common

Meeting called to order by Chairman Brian Snell at 6:32 pm at the Third Meeting House, O'Leary Senior Center.

Present:

Mary Prenney-Director, Brian Snell-Chairman; Joe Veno, Frances Cheney, Maureen Donato, Rich Wallner and Jennifer Collins.

Board welcomed Whitney Liechti to the meeting in hopes of becoming a future COA Member.

## Pledge of Allegiance

# Approval of Minutes from November 16, 2016, Meeting

Motion to approve made by Joe Veno and Seconded by Rich Wallner----unanimous

## Director's Report

See attached copy of Directors report for complete information

#### **Newsletters**

Susan Tilton (our outreach assistant) is working with Katharine and will have the Winter Newsletter ready to send out.

## Friends of the COA

Friends of COA purchased plants for both Thanksgiving and Christmas for all Meals on Wheels Clients. (They deliver Approx. 13,000 meals a year). The next speaker the Friends will be having in January is a local author...Nancy Parsons...who just published her new novel "Old Dame Dancing" The Friends will also be decorating the Christmas tree and Center on Dec. 5th.

## **Community Impact Team**

The C.I.T has hired Leah Maihos for their new Substance Abuse Prevention Project Coordinator with a Grant from the Federal Government. The grant was for the next 5 years in the amount of \$125,000. C.I.T will work with Amy Luckewicz and sponsor an educational "In Plain Sight" at the Town Hall -Oct. 11-13, 2016.

**FY18 Budget** 

• FY18—Mary Prenney will have the first draft for FY18 by Dec 14<sup>th</sup> with no dramatic requests being asked. It was mentioned by Rich to ask for items that you would like....for your department even if they get turned down. At least they will know what you would like in the future. No harm, no foul.

#### **MVES**

• MVES will sponsor a Health Fair in conjunction with the C.I.T. on April 8<sup>th</sup>, 20117 @ North Reading High School.

## NRACT—Rich Wallner

- Diane Norris is working with MVES on project 500 to help get older residence to help/engage to shape the town of North Reading. They are trying to get the all new ideas on the table.
- Personnel Note: Mechele Cronin has been out sick and is expected back Nov. 21<sup>st</sup>. We would like to thank Al Heard who has been doing some driving on a limited schedule during her absence.
- 2016/2017 Activity Sheet Reviewed Monthly Statistics

### • Future Events:

Nov. 20<sup>th</sup>-Annual Thanksgiving Dinner Dec. 15<sup>th</sup> Christmas Party Jan. 23<sup>rd</sup> New Year's Party Feb. 14<sup>th</sup> Valentine Day Party March 16<sup>th</sup> St. Patty's Day Party

### Promote the C.O.A

Board welcomed Whitney Liechti to the meeting in hopes of becoming a future COA Member.

# Friends of the COA Update

No member from the NRRCOA was present.

#### Old Business:

## **MVES Report-- Joe Veno**

An upcoming comedy show will be held at Anthony's in Malden to raise money for Meals on Wheels on Jan. 20<sup>th</sup>, 2017.

## **New Business:**

- \*\* There will be the annual Senior Turkey Dinner to be held on Sunday Nov. 20<sup>th</sup>.
- \*\* Rich asked......What else can we be doing for the seniors. We need to set some new goals to bring to the board for the next meeting and the New Year.

Example would be----Fran mentioned that it would be nice to get a better sound system for the Echo's when they perform at the Thanksgiving Dinners. It's hard to hear them when they sing if you're not sitting right in front of them.

Adjourn: 7:33PM

Motion to Adjourn made by Joe Veno and seconded by Rich Wallner----Unanimous

Next COA Meeting scheduled for Jan. 18th, 2017

Respectfully submitted:

Frances Cheney, COA Secretary