

North Reading Local Resources

**If you suspect someone is
overdosing or has an
emergency, call 911**

Mental Health

**North Reading Mental
Health/Substance Abuse
Clinician Laura Miranda**
(978)357-5038

Eliot 24/7 Crisis Center
(800)988-1111

Suicide Prevention
(800)273-8255

North Reading Contacts

Food Pantry
(978)276-0040

Youth Services
(978)357-5281

Veterans Services
(978)357-5212

NR Police Detectives
(978)357-5046

Anonymous Tip Line
(978)357-5151

For Treatment Guidance

**MA Bureau of Substance
Abuse**
(800)237-5050

**MA Organization of Addiction
Recovery (MOAR)**
(617)423-6627

HEAT Program
(781)935-4000 x226

Family/Friend Support

Learn to Cope
learn2cope.org

Grief Recovery
grasphelp.org

Narcan Training
(800)327-5050

Al-Anon
(800)425-2666
al-anon.org

Al-Ateen
ma-al-anon-alateen.org

Outpatient Treatment

Spectrum Health Systems
(800)345-2552 x1161

Caritas NORCAP
(508)698-1104

Lowell House
(978)459-8656

Inpatient Treatment

Lahey Behavioral Health
(978)777-2121 Danvers

AdCare Hospital
(800)345-3552
(800)252-6465

Community Healthlink Inc.
(508)860-1200

Institute for Health Recovery
(617)661-3991

