

NOVEMBER 2015

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|-----------|
| 1 Daylight Saving Time Ends | 2 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM FRIENDS MEETING 7PM | 3 EXERCISE - 9:30 TOTIE FIELDS FUNNIEST WOMAN 12 NOON ** SHINE COUNSELOR | 4 MARKET BASKET 8:30 AM BINGO - 1:15 PM | 5 EXERCISE - 9:30 VETERAN'S LUNCH 12 NOON  | 6 PROJECT LINUS 10 AM  | 7 |
| 8 | 9 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM | 10 EXERCISE - 9:30 WATERCOLOR - 1PM ** FUEL ASSISTANCE ** SHINE COUNSELOR | 11 Veterans Day SENIOR CENTER CLOSED  | 12 EXERCISE - 9:30 COOK & CHAT WITH CANDACE 10:45 | 13 COFFEE HOUR - 10AM | 14 |
| 15 | 16 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM | 17 EXERCISE - 9:30 ROAD TRIP PEABODY ESSEX MUSEUM - 9AM ** SHINE COUNSELOR | 18 BINGO - 1:15 PM COA MEETING 7PM | 19 EXERCISE - 9:30 MOVIE AFTERNOON 1:15pm WOMAN IN GOLD | 20 COFFEE HOUR - 10AM | 21 |
| 22 | 23 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM | 24 EXERCISE - 9:30 ** SHINE COUNSELOR | 25 BINGO - 1:15 PM | 26 Thanksgiving SENIOR CENTER CLOSED  | 27 SENIOR CENTER CLOSED | 28 |
| 29 | 30 EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM | | | | | |
| RESERVATIONS NEEDED FOR TOTIE FIELDS MARKET BASKET, VETERAN'S LUNCH FOR VETERANS ONLY, WATERCOLOR CLASS, MOVIE & ROAD TRIP TO PEM. **APPOINTMENTS NEEDED FOR SHINE COUNSELOR, FUEL ASSIST. & SENATOR TARR'S REPRESENTATIVE. CALL THE SENIOR CENTER AT 978-664-5600 FOR APPOINTMENT & RESERVATIONS. | | | | | EDITH A. O'LEARY SENIOR CENTER 157 PARK STREET NORTH READING, MA 01864 978-664-5600 | |